

# PRICE LIST

Nutrition Consulting initial consultation	120€
Consulting follow up/ & Personal Training	95€
10 appointments special deal	850 €

## PACKAGES

### **Weight management Package Deal** 450 €

This package is for everybody who needs some help with weight loss or gaining weight.

5 appointments (initial + 4 follow up)

### **Lipoedema Package Deal** 390 €

This package is for lipoedema clients

4 appointments (initial + 3 follow up)

### **Hormone Health**

This package is for you in case your hormones need to be balanced, e.g. PMS or PCOS

280 €

3 appointments

**We are happy to offer you a customized package too!**



Klammer