

PRICE LIST

Nutrition Consulting initial consultation	120€
Consulting follow up/ & Personal Training	90€
10 appointments special deal	800 €

PACKAGES

Weight management Package Deal 430 €

This package is for everybody who needs some help with weight loss or gaining weight.

5 appointments (initial + 4 follow up)

Lipoedema Package Deal 370 €

This package is for lipoedema clients

4 appointments (initial + 3 follow up)

Hormone Health

This package is for you in case your hormones need to be balanced, e.g. PMS or PCOS

280 €

3 appointments

We are happy to offer you a customized package too!

